

Heparin Sodium Injection, USP

Directions for Subcutaneous Injection of Heparin Sodium Injection

Heparin is not intended for intramuscular use.



Gather supplies needed for your injection.

Included in the Heparin Sodium Injection box:

- A Heparin Sodium Injection prefilled syringe. Make sure you have the right medicine at the right dose.
- Not included in the box:
- 1 alcohol wipe
- · sharps disposal container
- 1 piece of gauze
- 1 adhesive bandage (optional)





Wash your hands well with soap and water.

Dry your hands.





Remove the prefilled syringe from the blister packaging. Do not remove by pulling on the plunger as this may damage the syringe. Place the syringe on a flat surface.



Choose and clean the injection site. Sit or lie down in a comfortable position. Choose an injection site on the stomach area (abdomen) to give the injection.

- Choose a different injection site each time you give an injection, alternating between the left and right side of the stomach area.
- Clean the injection site with the alcohol wipe. Let it dry before injecting.

STEP 5



Prepare the prefilled syringe.

- Pick up the prefilled syringe. Bend the needle shield towards the body of the prefilled syringe to approximately a 90-degree angle.
- Hold the body of the prefilled syringe firmly in one hand. Remove the protective needle cap by pulling it straight off the syringe. Throw away the needle cap in the sharps disposal container.

Do not touch the needle or let it come in contact with any surface before you give the injection.









Give your injection.

- Gently pinch the skin that has been cleaned to make a fold. Hold the fold between the thumb and the forefinger of one hand.
- Using the other hand, hold the prefilled syringe firmly and insert the full length of the needle at a 90-degree angle into the skin fold. The skin fold should be held during the entire injection.
- Inject all the medicine in the prefilled syringe by pressing down on the plunger as far as it will go. Inject the product slowly. When all the medicine has been injected, remove the needle from the skin fold.
- Press the injection site with a piece of gauze for a few seconds. To minimize bruising, do not rub the injection site after you have given the injection. There may be a small amount of blood at the injection site. You may cover the injection site with a small adhesive bandage if needed.



Secure needle in needle shield. Do not try to secure the needle in the needle shield with your fingers. Secure the needle in the groove of the safety shield by pressing it against a stable surface.

STEP 8



Dispose of used Heparin Sodium Injection prefilled syringes. Put the used prefilled syringe in an FDA-cleared sharps disposal container right away after use.

- Do not throw away (dispose of) the prefilled syringe in the household trash.
- Do not reuse the prefilled syringe.

For additional information, please see Full Prescribing Information.

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